



**Macdonald Ringette Power Skating
Schedule & Registration Form Fall & Winter 2017**



<p>Beginner Power Instructor-TBA</p> <p>Must have strong balance on skates, be able to skate independently and be an independent child. Must be 7 years by Dec 31/17</p> <p><i>8 sessions—1/2 hour</i> Oak Bluff Arena Mondays 7pm – 7:30pm <i>Fee: \$130; \$250 for both</i></p>	<p>Intermediate Power Instructor-TBA</p> <p>Work on performing cross-cuts, hockey stops, one foot stops, sculling & chop overs. <i>(suggested age 9 & up)</i></p> <p><i>8 sessions—1/2 hour</i> Oak Bluff Arena Mondays 7:30pm – 8pm <i>Fee: \$130; \$250 for both</i></p>	<p>Advanced Power Instructor: Brooke Enns</p> <p>Work on outside stops, one foot slalom, double brackets, pivots. Introduction to Mohawk turns, t-stops & back defensive moves. <i>(suggested age 11 & up)</i></p> <p><i>8 sessions—1 hour</i> Oak Bluff Arena Mondays 7pm – 8pm <i>Fee: \$165; \$320 for both</i></p>
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Fall Session: Oct 16 – Dec 4; Storm Date: Dec 11

Winter Session: Jan 8 – Feb 26; Storm Date: March 5

Registration Deadline: Oct 5, 2017

Late Fee \$25

Limited space available, first come first served.

Priority will be given to Macdonald Ringette Players and then those registered in both sessions.

Please go to www.macdonaldringette.ca to register.

RULES

- All skaters should be dressed in full equipment, bring sticks. Goalies are to dress in their goalie equipment.
- Instructors will assess skaters on the first day of skating and if necessary move them accordingly so be realistic in your program request and use your best judgement (having completed one program will not guarantee skater is moved to next level).
- Skaters may not be with their friends or teammates and group placement is NOT dependent on age or size, but based on instructor assessment of skill level and what the skater's need appear to be.
- If skaters are moved from ½ hour session to full hour, or vice versa, registration fees will be adjusted accordingly and you will be contacted.
- Ice is not transferable with NO make-up or pro rating allowed.
- Parents are not allowed in the player area during class time.
- Disruptive behavior such as foul language, teasing or belittling of other skaters will not be tolerated. Skaters will be removed from the class without a refund.
- Different skating elements are covered from week to week and it is important for skaters to be there so they advance with their group and they are not left behind.